

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div> AR = 1st Floor Activity Room MDR = 1st Floor Main Dining Room 5LNG = 5th Floor Living Room 6LNG = 6th Floor Living Room THTR= Theater OT = Outpatient Therapy TAV= Tavern BIS – Bistro </div> <div> March 2024 </div> </div> <div> Highlighted in yellow is open to the public </div>						
9:00 Bus Ride to Church Services 3:00 Karaoke Ken (TAV) 4:00 Church Service (CHAPEL)	9:00 Exercise (TAV) 9:00 Pink Boutique (OT) 10:30 Rock Steady Boxing for Parkinson's (THTR) 10:00 Hot Choc Social (TAV) 1:30 Bingo (THTR) 3:00 Mahjong (MDR) 3:00 Mandala & Music(THTR)	9:00 Bank & Shop 9:00 Exercise & Balance (MDR) 10:00 Coffee and Tea Social (TAV) 12:00 Lions Club Luncheon (THTR) 1:30 Bible Study (CHAPEL) 1:30 Hand & Foot Cards(6FLNF) 3:00 Happy Hour Entertainment by Mark G. (TAV)	9:00 Exercise (Tav) 9:30 Tai Chi (MDR) (CHAPEL) 10:00 Catholic Communion (CHAPEL) 10:00 AL food forum (2FL) 10:30 IL food forum (THTR) 1:30 Bingo (THTR) 2:30 Nails (LIBRARY) 3:00 AL Room Visits 4:00 Dinner Outing Circles	9:00 Exercise & Balance(MDR) 10:00 Optimal Health Class (THTR) 10:00 Coffee Social (TAV) 10:30 You be the Judge (AR) 1:30 Trivia (5FLNG) 1:30 Hand& Foot Cards (6FLNG) 2:00 Jewelry w/Sylvia (AR) 3:00 Happy Hour Entertainment by Joe Laluna (TAV)	9:00 Exercise & Stretch (TAV) 10:00 Chair Volleyball (THTR) 10:00 Coffee Social Hour(TAV) 1:30 Bingo (THTR) 2:30 Popcorn Social (TAV)	10:00 Chair Volleyball (THTR) 1:30 Bingo 2:00 Hymns (CHAPEL) 3:00 Mahjong (MDR) 3:30 Nondenominational worship service
9:00 Bus Ride to Church Services 1:30 Kreative Arts and Krafts w/ Ken (THTR) 4:00 Church Service(CHAPEL)	9:00 Exercise (TAV) 9:00 Pink Boutique (OT) 10:30 Rock Steady Boxing for Parkinson's (THTR) 10:00 Hot Choc Social(TAV) 1:30 Bingo (THTR) 3:00 Resident Mtg.(MDR)	9:00 Bank & Shop 9:00 Exercise & Balance (MDR) 10:30 Coffee and Tea Social (TAV) 10:30 A+ Hearing (BIS) 1:30 Bible Study (CHAPEL) 1:30 Hand & Foot Cards (6FLNF) 1:30 Bingo w/ Seniors in Service (TAV) 3:15 Happy Hour Bday Celebration with Eddie Dean (TAV)	9:00 Exercise (TAV) 9:30 Tai Chi (MDR) 10:30 Chair Volleyball (THTR) 1:30 Bingo (THTR) 3:00 Words and Wine (TAV) 4:00 Dinner Outing Cracker Barrel	9:00 Exercise & Balance (TAV) 10:00 Optimal Health Class (THTR) 10:00 Balance Screening (OT) 10:00 Coffee Social (TAV) 10:30 You be the Judge (AR) 1:30 Hand & Foot Cards (6FLNG) 1:30 Trivia (5LNG) 2:00 Jewelry w/Sylvia (AR) 3:30 Happy Hour Entertainment by Ralph Espinosa (TAV)	9:00 Exercise & Stretch (TAV) 10:00 Chair Volleyball (THTR) 10:00 Coffee Social Hour(TAV) 1:30 Bingo (THTR) 3:00 Popcorn Social 3:30 Armchair Travel (THTR) Ireland	10:00 Chair Volleyball (THTR) 1:30 Bingo (THTR) 2:00 Hymns (CHAPEL) 2:45 Movie (THTR) 3:00 Mahjong (MDR) 3:30 Nondenominational worship service
9:00 Bus Ride to Church Services 3:00 Darryl Wilson Entertainment (TAV) 4:00 Church Service (CHAPEL)	9:00 Exercise (TAV) 9:00 Pink Boutique (OT) 10:30 Rock Steady Boxing for Parkinson's (THTR) 10:00 Hot Choc Social (TAV) 1:30 Parkinsons Support (THTR) 1:30 Ice Cream Social 3:00 Mahjong (MDR) 3:00 Craft Time! (THTR)	9:00 Bank & Shop 9:00 Exercise & Balance(MDR) 10:00 Coffee and Tea Social (TAV) 12:00 Lions Club Luncheon (THTR) 1:30 Bible Study (CHAPEL) 1:30 Hand & Foot Cards (6FLNF) 1:30 Hand Pampering & nailpolish(AR) 2:30 Essential Tremors Support Group (THTR) 3:00 Happy Hour w/ DJ D. Jim	9:00 Exercise (TAV) 9:30 Tai Chi (MDR) 10:00 Healthy Food Choices presentation (THTR) 10:00 Catholic Communion (CHAPEL) 1:30 Bingo (THTR) 3:00 Popcorn Social 4:00 Dinner Outing Ferraro's	9:00 Exercise & Balance (TAV) 10:00 Optimal Health Class (THTR) 10:00 Balance Screening (OT) 10:00 Coffee Social (TAV) 10:30 You be the Judge (AR) 1:30 Wellness Seekers (THTR) 1:30 Hand & Foot Cards (6FLNG) 1:30 Trivia (5LNG) 2:00 Jewelry w/Sylvia (AR) 3:00 Happy Hour Entertainment by Loosely Wound (TAV)	9:00 Exercise & Stretch (TAV) 10:00 Chair Volleyball (THTR) 10:00 Coffee Social Hour(TAV) 1:30 Bingo (THTR) 3:00 Cookie Social 3:30 Watercolor painting (THTR)	10:00 Chair Volleyball (THTR) 1:30 Bingo (THTR) 2:00 Hymns (CHAPEL) 2:45 Movie (THTR) 3:00 Mahjong (MDR)
9:00 Bus Ride to Church Services 1:30 Kreative Arts and Krafts w/ Ken (THTR) 3:00 Karaoke Ken (TAV) 4:00 Church Service (CHAPEL)	9:00 Exercise (TAV) 9:00 Pink Boutique (OT) 10:30 Rock Steady Boxing for Parkinson's (THTR) 10:30 Hot Choc Social (TAV) 1:30 Bingo (THTR) 3:00 Town Hall w/ Chris Hall (MDR)	9:00 Bank & Shop 9:00 Exercise & Balance(MDR) 10:00 Coffee & Tea Social (TAV) 1:30 Hand & Foot Cards (6FLNF) 1:30 Bible Study (CHAPEL) 1:30 Bingo 3:00 Happy Hour w/ Cindy Burger (TAV)	9:00 Exercise (TAV) 9:30 Tai Chi (MDR) 10:00 Chair Volleyball (THTR) 1:30 Bingo (THTR) 2:30 Nails (LIBRARY) 3:00 Mandala & Music (THTR) 4:00 Dinner Outing Beanies	9:00 Exercise & Balance (MDR) 10:00 Optimal Health Class (THTR) 10:00 Coffee Social(TAV) 10:30 You be the Judge (AR) 1:30 Trivia (5FLNG) 1:30 Hand& Foot Cards (6FLNG) 2:00 Jewelry w/Sylvia (AR) 2:45 Happy Hour Entertainment By John Rinell	9:00 Exercise & Stretch (TAV) 10:00 Chair Volleyball (THTR) 10:00 Coffee Social Hour(TAV) 1:30 Bingo (THTR) 2:30 Ice Cream Social (AR) 3:00 Entertainment 301 Juniper Sun	10:00 Chair Volleyball (THTR) 1:30 Bingo (THTR) 2:00 Hymns (CHAPEL) 2:45 Movie (THTR) 3:00 Mahjong (MDR) 3:30 Nondenominational worship service
9:00 Bus Ride to Church Services 4:00 Church Service	<div> <div> </div> <div> HAPPY EASTER! </div> </div>					