

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# November 2017 Sun Towers



**5** **Bus to Local Churches**

9:30 Catholic Service THTR  
2:30 Vespers CH  
4:00 Family Movie THTR



**6** **8:30 Widowers Wellness THTR**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
12:30 NEW Manatee View  
1:00 Bingo AR  
3:30 Balance Exercise MDR

**7**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Line Dancing THTR  
10:00 Bible Study CH  
1:00 Tasty Treat 6LNG  
1:00 Life Challenge Grp CH  
2:00 Craft n' Creations 6LNG  
2:30 Party in a Chair MDR  
3:30 Happy Hour MDR  
Dave the Music Man

**8** **8:30 Podiatrist RM #254**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Pray Holy Rosary CH  
10:00 Tai Chi MDR  
1:00 Bingo AR  
2:00 Diabetes Support Grp MDR  
2:30 Crochet Club 6LNG  
3:00 Bingo Again!!! 3DR  
3:30 Balance Exercise MDR

**9**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Simple Sewing APT 436  
1:30 Chronic Pain, Arthritis & Neuropathy Grp MDR  
1:30 Relaxing Spa Day 6LNG  
2:00 Golf Cart Rides  
2:15 Gospel sing-a-long CH  
3:30 Sunset Grill

**10**

9:00 Exercise MDR  
9:00 Bank and Shop  
10:00 Coffee Chat 6LNG  
1:00 Word Find & Popcorn 6LNG  
2:00 Resident B-Day Party MDR  
3:30 Happy Hour MDR  
7:00 Movie Night THTR



**11**

9:15 Chair Yoga/Chair Dancing MDR  
10:00 Coffee Chat 6LNG  
1:00 Bingo THTR  
2:30 History on Veterans Day THTR



Veterans Day (US)  
Remembrance Day (Canada)

**12** **Bus to Local Churches**

9:30 Catholic Service THTR  
2:30 Vespers CH  
4:00 Family Movie THTR



**13** **8:30 Widowers Wellness THTR**  
**9:00- 11:00 Holy Communion 5LNG**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
12:30 NEW South Shore Library  
1:00 Bingo AR  
3:30 Balance Exercise MDR

**14** **9:00 Hard Rock Casino / Firehouse Cultural Center**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Line Dancing MDR  
10:00 Bible Study CH  
10:30 A+Hearing Aid Help APT 254  
1:00 Tasty Treat 6LNG  
1:00 Life Challenge Grp CH  
2:30 Party in a Chair MDR  
3:30 Happy Hour MDR

**15**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Tai Chi MDR  
10:00 Pray Holy Rosary CH  
1:00 Bingo AR  
1:30 Low Vision Support Grp THTR  
3:00 Bingo Again!!! 3DR  
3:30 Balance Exercise MDR

**16** **10:00 Memory Screening APT 254**

**8:30 Bay Spirit II Harbor Tour**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
1:00 Kreative Ceramics 6LNG  
2:00 Special Entertainment MDR  
4:00 Pizza & Movie THTR  
(Delivery only)  
(Please put in order at 3:30)


**17**

9:00 Exercise MDR  
9:00 Bank and Shop  
10:00 Coffee Chat 6LNG  
1:00 Word Find & Popcorn 6LNG  
2:00 IMPACT 6LNG  
3:30 Balance Exercise MDR  
3:30 Happy Hour MDR  
7:00 Movie Night THTR



**18**

9:15 Chair Yoga/Chair Dancing MDR  
10:00 Coffee Chat 6LNG  
1:00 Bingo THTR  
2:30 FRONT PORCH TRAVEL IRELAND



**19** **Bus to Local Churches**

9:30 Catholic Service THTR  
2:30 Vespers CH  
4:00 Family Movie THTR



**20** **8:30 Widowers Wellness THTR**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
12:30 NEW Manatee View  
1:00 Bingo AR  
1:30 Parkinson Support Grp THTR  
3:30 Balance Exercise MDR

**21**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Line Dancing MDR  
10:00 Bible Study CH  
1:00 Tasty Treat 6LNG  
1:00 Life Challenge Grp CH  
2:00 Alz's Support Grp THTR  
2:00 Craft n' Creations 6LNG  
2:30 Party in a Chair MDR  
3:00 Healthy Tips 5LNG  
3:30 Happy Hour MDR

**22**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Pray Holy Rosary CH  
10:00 Tai Chi MDR  
1:00 Bingo AR  
2:30 Crochet Club 6LNG  
3:00 Bingo Again!!! 3DR  
3:30 Balance Exercise MDR

**23**

*Thanksgiving Blessings*

9:00-12:00 Macy's Thanksgiving Day Parade THEATER



Thanksgiving Day (US)

**24**

9:00 Exercise MDR  
9:00 Bank and Shop  
10:00 Coffee Chat 6LNG  
1:00 Word Find & Popcorn 6LNG  
2:00 IMPACT 6LNG  
3:30 Balance Exercise MDR  
3:30 Happy Hour MDR  
7:00 Movie Night THTR



**25**

9:15 Chair Yoga/Chair Dancing MDR  
10:00 Coffee Chat 6LNG  
10:00 Computer/Tech Help THTR  
1:00 Bingo THTR  
2:30 FRONT PORCH TRAVEL ALASKA

**26** **Bus to Local Churches**

9:30 Catholic Service THTR  
2:30 Vespers CH  
4:00 Family Movie THTR



**27** **8:30 Widowers Wellness THTR**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
12:30 NEW South Shore Library  
1:00 Bingo AR  
3:30 Balance Exercise MDR

**28**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Line Dancing MDR  
10:00 Bible Study CH  
1:00 Tasty Treat 6LNG  
1:00 Life Challenge Grp CH  
2:00 Craft n' Creations 6LNG  
2:30 Party in a Chair MDR  
3:30 Happy Hour MDR

**29**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
10:00 Pray Holy Rosary CH  
10:00 Tai Chi MDR  
1:00 Bingo AR  
2:30 Crochet Club 6LNG  
3:00 Bingo Again!!! 3DR  
3:30 Balance Exercise MDR

**30**

9:00 Exercise MDR  
10:00 Coffee Chat 6LNG  
2:00 Golf Cart Rides  
2:15 Gospel Sing-a-long CH  
3:30 The Sandpiper

